Lean 101



Lean 101 is a beginning-level course that teaches participants the basic concepts of Lean Thinking. It is suitable for participants who work in office or manufacturing environments and includes many real-world examples from a wide variety of work environments. Lean 101 is a pre-requisite to many of the other classes we offer.

Series Dates: Wednesdays, January 22nd – February 26th

Option B: 2:00pm-3:20pm (Pacific)

Location: Virtual, Zoom platform

Cost: \$150 per person (\$250 nonmembers)

Registration: email jennifer@nwhpec.com (name, email, role/title)

Course Summary

Join us on a journey to discover the basic elements of lean principles and see the impact on your culture when you put them into practice. This course consists of six, 1.5-hour classes focused on the foundational elements of lean and the importance of respect for people. During this course, you will learn about the history/background of lean, the importance of engaging people using the principles to create a culture of excellence, then dive into the following topics: 8 Wastes, Standard Work, 5S, PDCA, and Visual Management. Each week will include instruction, discussion, and simulations followed by small project assignments between each class to help you put the concepts into practice in your own environment.



Lean 101 - The Pathway to an Improvement Mindset

Wednesdays, 10-11:20 am OR 2-3:20 pm (PT) weekly for six weeks Feb 19th Feb 5th **PDCA Standard Work Experimentation &** Learning Jan 22nd The Foundation Feb 26th Feb 12[™] Visual Mgmt History, Lean Culture, **5S** and Why? What does success look Making problems visible like? Jan 29th 8 Wastes Recognizing what is value added vs nonvalue added.

Audience: Beginner level, applicable for mfg and admin positions **Cost:** \$150 for the series (member price; \$250 non-members)

Registration: email jennifer@nwhpec.com