

Lean 101



Lean 101 is a beginning-level course that teaches participants the basic concepts of Lean Thinking. It is suitable for participants who work in office or manufacturing environments and includes many real-world examples from a wide variety of work environments. Lean 101 is a pre-requisite to many of the other classes we offer.

Dates: Sept 15th – Oct 20th

Time: 9:00am-10:25am (Pacific Time)

Location: Virtual, Zoom platform

Cost: \$150 per person (\$250 nonmembers)

Registration: email jennifer@nwhpec.com (name, email, role/title)

Course Summary

Join us on a journey to discover the basic elements of lean principles and see the impact on your culture when you put them into practice. This course consists of six, 1.25 hour classes focused on the foundational elements of lean and the importance of respect for people. During this course, you will learn about the history/background of lean, the importance of engaging people using the principles to create a culture of excellence, then dive into the following topics: Standard Work, 8 Wastes, 5S, PDCA, and Visual Management. Each week will include instruction, discussion, and simulations followed by small project assignments between each class to help you put the concepts into practice in your own environment.

Lean 101 – The Pathway to an Improvement Mindset

9-10:25am (PT) weekly for six weeks

Tues, September 15th

The Beginning

History, Lean Culture,
and Why?

WHY?

Tues, September 22nd

8 Wastes

Recognizing what is
value added vs non-
value added.



Tues, September 29th

Standard Work

The baseline for quality
and improvement.



Tues, October 6th

5S

Making problems visible



Tues, October 13th

PDCA

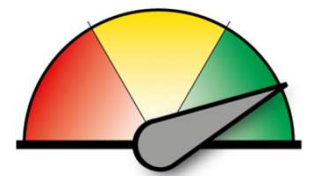
Experimentation &
Learning



Tues, October 20th

Visual Mgmt

What does success look
like?



Audience: Beginner level, applicable for mfg and admin positions

Cost: \$150 for the series (member price; \$250 non-members)

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